

## Comfort Keepers® Services

### Personal Care

- Bathing, grooming, and hygiene
- Mobility assistance
- Transferring and positioning
- Toileting and incontinence care
- Feeding and special diet
- Dementia care
- Medication reminders

### Care Services

- Companionship
- Meal preparation
- Laundry
- Light housekeeping
- Escorted transportation
- Grocery shopping
- Errand services
- Live-in services (where available)
- 24-hour care
- Respite care or relief for family

### SafetyChoice® Technology

- Personal Emergency Response System (PERS)
- Medication dispenser solutions
- Bedside pressure mats

### Private Nursing Care

Available in many locations.

Please discuss your requests with us as services vary by location and province.



**Comfort  
Keepers®**

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**Comfort  
Keepers®**



Home Care Support  
During Rehabilitation

KEEPING THE COMFORTS OF HOME™



## Planning for Recovery

Making a smooth transition from the hospital to home takes planning. Some clients transition from the hospital to a rehabilitation facility and then return home at a later date. Others are able to move from the hospital directly home. In either case, some level of in-home care is typically needed.



## Challenges of Rehabilitation

Most people prefer to heal and mend in their own homes. After surgery or a significant medical procedure though, the excitement of being home can often be replaced with an understanding of how challenging the rehabilitation process can be – physically, mentally, and emotionally. From the point of being discharged from the hospital or facility to the end of recovery and beyond, Comfort Keepers® can help during the process.

### Home at Last – Safe and Sound

Comfort Keepers can help:

- **Transportation** – Comfort Keepers can be available to drive clients home from the hospital or facility. We can ensure a client makes all scheduled doctor and therapy appointments.
- **Medication Reminders** – We will pick up prescriptions and other supplies, and we can remind them to take their medication on time.
- **Encouragement** – Recovery is hard work and Comfort Keepers is there to encourage and challenge clients to persevere with physical or speech therapy.
- **Personal Care** – Comfort Keepers can help with the challenges of personal routines such as bathing, mobility and special dietary needs.

- **Companionship** – It's not unusual for clients recovering from surgery to experience melancholy or become frustrated. Comfort Keepers is there to lend an ear and provide comfort.
- **Communication** – Comfort Keepers will provide follow-up communication with family members to reassure and provide the client's recovery status.

These care services, along with the many other services Comfort Keepers can provide, can help keep clients safe, happy, and comfortable in their own homes during the healing process.



## Working Cooperatively

Comfort Keepers work cooperatively with nurses, physical therapists, and other health professionals and can often ensure that prescribed therapeutic regimes are followed. This can help expedite the recovery process and help reduce risk of re-injury.

### Our Comfort Keepers® are:

- Selected after a rigorous interview process, including national background checks and personal and professional reference reviews.
- Our employees, not contractors.
- Bonded, insured and covered by workers' compensation.
- Specially trained to provide an interactive care solution for clients.

