





# Well.

# WHEN CARE IS DELIVERED FROM THE HEART.

Living well encompasses many things. It is mental, physical, emotional and social. Interactive Caregiving is a philosophy of care that considers all of these factors and the importance of each.

# WHEN CARE IS INTERACTIVE.

Interactive Caregiving provides the opportunity for seniors to participate actively in life, including their dayto-day care. It is based on doing with versus doing for and increases a sense of contribution and independence. Each office independently owned and operated. © 2009 CK Franchising, Inc.



W W W. C O M F O R T K E E P E R S. C A



# **HOW INTERACTIVE CAREGIVING™ HELPS KEEP PEOPLE** Happier, Healthier And At Home.

### THE HEART OF COMFORTING CARE.

For over a decade, clients and their families have entrusted Comfort Keepers® to provide care that improves the quality of life of seniors and others and enables independent living.



# WHAT SETS US APART? **INTERACTIVE CARE**

Keeping people physically, mentally, emotionally and socially engaged can make a difference in their well being. At Comfort Keepers®, we call this philosophy of care Interactive Caregiving. It allows our clients to live a healthier and more meaningful life.

For example, we make mental exercise a part of our daily care be it through conversation, reading, playing games or other activities a client enjoys. And we know that even a moderate amount of exercise, within a client's limits, can improve a person's health and outlook on life.

Physically Active

Emotionall Strong

Socially Engaged

Mentally Stimulated

# **TRANSFORMING DAILY ACTIVITIES**

Transforming daily activities into interactive activities helps keep people strong, improves health and outlook on life, and reduces the risks for injury, depression, and symptoms of dementia.

### PEOPLE MAKE THE DIFFERENCE

It takes a special person to be able to turn everyday activities and transform them into a joyful visit. That's why we refer to our caregivers as Comfort Keepers<sup>®</sup>.

- Our people are:
- Rigorously interviewed
- Background checked
- Bonded and covered by Workers' Compensation
- Trained in Interactive Caregiving

It's that focus on our staff which allows us to treat our clients as if they were a member of the family.

# **COMFORTING SOLUTIONS**

- Our services are available in private homes, hospitals, retirement homes and Long Term **Care Facilities**
- We are available 24 hours a day, 7 days a week
- We are a Registered Veterans' Affairs provider and service insurance clients
- Comforting care for new Moms who may need a little extra help.
- Trusted care and support for INTERACTIVE children, adolescents and adults CAREGIVING<sup>\*</sup> with special health care needs by COMFORT KEEPERS' including disabilities



# THE RIGHT CARE FOR **EVERY CLIENT.**

We know that each client has different care needs and that's why we customize all of our services to suit the needs of our clients and their loved ones.

# PERSONAL CARE SERVICES

- Bathing, grooming and hygiene
- Feeding and special diet
- Toileting and Incontinence Care
- Transferring and positioning
- Palliative Care
- 24-hour care
- Attendant Care in hospitals

# **COMPANIONSHIP SERVICES**

- Laundry and light housekeeping
- Meal preparation
- Transportation
- Errands and escorts to doctor's appointments
- Medication reminders
- Grocery shopping
- Alzheimer's and Dementia care
- Live-in services (where available)
- Respite care or relief for family

# HOME SAFETY SOLUTIONS

- Personal Emergency Response Systems (PERS)
- Medication Management Solutions
- Around-the-clock emergency monitoring

