



## PLANNING FOR *Recovery*



Making a smooth transition from the hospital to home takes planning. Some clients transition from the hospital to a rehabilitation facility and then return home at a later date. Others are able to move from the hospital directly home. In either case, some level of in-home care is typically needed.



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**Comfort  
Keepers.**



## HOME CARE SUPPORT DURING YOUR *Rehabilitation.*

## RECOVERY AND REHABILITATION

### *In Your Own Home.*

#### CHALLENGES OF REHABILITATION

Most people prefer to heal and mend in their own homes. But after surgery or a significant medical procedure, the excitement of being home can often be replaced with an understanding of how challenging the rehabilitation process can be...physically, mentally and emotionally. Most of us don't understand how rigorous everyday activities can be until we are unable to do them, or do them only with the assistance of others. Comfort Keepers® can help during the process. From the point of being discharged from the hospital or facility to the end of recovery and beyond, Comfort Keepers can help.

#### HOME AT LAST – SAFE AND SOUND

Here are some of the ways Comfort Keepers can help:

- **Transportation** - Comfort Keepers can be available to drive clients home from the hospital or facility. Once home, we can ensure a client keeps scheduled doctor and therapy appointments.
- **Medication Reminders** - We will be happy to pick up prescriptions and other supplies and once clients are home, we can remind them to take their medication on time.
- **Encouragement** - Recovery is hard work and Comfort Keepers is there to encourage and challenge clients to



persevere with physical or speech therapy. Words of encouragement can go a long way in the healing process.

- **Companionship** - It's not unusual for clients recovering from surgery to experience melancholy or become frustrated. Comfort Keepers is there to lend an ear, be a friend and provide comfort.
- **Communication** - Comfort Keepers will provide follow-up communication with family members to reassure and provide status about the client's recovery.

These care services, along with the many other services Comfort Keepers can provide, can help keep clients safe, happy, and comfortable in their own homes during the healing process.

#### WORKING COOPERATIVELY

Comfort Keepers often work cooperatively with home health agencies, physical therapists, and other health professionals to provide complementary services so the client is provided a full spectrum of care that will help expedite the recovery process and help reduce the risk of re-injury.

#### OUR CAREGIVERS – OUR COMFORT KEEPERS®

Each *Comfort Keeper* is carefully selected, screened, and trained to provide capable and compassionate care. From extensive background checks to ongoing training, each locally-owned office strives to offer the very best *Comfort Keeper* for an individual or situation. *Comfort Keepers*



are bonded, insured and covered by Workers' Compensation. When clients need time to heal and recover from a medical procedure, it is natural they would prefer to do it in their own homes. Let Comfort Keepers be your comforting solution for in-home care.

Visit [www.comfortkeepers.com](http://www.comfortkeepers.com) for more information about Comfort Keepers and the location closest to you.



#### PERSONAL CARE SERVICES

- Bathing, grooming and hygiene
- Mobility assistance
- Transferring and positioning
- Toileting and incontinence
- Feeding and special diet
- Dementia care

#### COMPANIONSHIP SERVICES

- Interactive Caregiving™
- Companionship
- Incidental transportation services
- Medication reminders
- Meal preparation
- Errand services
- Grocery shopping
- Grooming
- Live-in services
- 24-hour care
- Respite care or relief for family
- Personal Emergency Response Systems (PERS)

*Services may vary by state and location.*