





Well.

WHEN CARE IS DELIVERED FROM THE HEART.

Living well encompasses many things. It is mental, physical, emotional and social. Interactive Caregiving is a philosophy of care that considers all of these factors and the importance of each.

WHEN CARE IS INTERACTIVE.

Interactive Caregiving provides the opportunity for seniors to participate actively in life, including their dayto-day care. It is based on doing with versus doing for and increases a sense of contribution and independence. Each office independently owned and operated. © 2009 CK Franchising, Inc.



W W W. C O M F O R T K E E P E R S. C A



HOW INTERACTIVE CAREGIVING™ HELPS KEEP PEOPLE Happier, Healthier And At Home.

THE HEART OF COMFORTING CARE.

For over a decade, clients and their families have entrusted *Comfort Keepers*[®] to provide care that improves the quality of life of seniors and others and enables independent living.



WHAT SETS US APART? INTERACTIVE CARE

Keeping people physically, mentally, emotionally and socially engaged can make a difference in their well being. At *Comfort Keepers*[®], we call this philosophy of care *Interactive Caregiving*. It allows our clients to live a healthier and more meaningful life.

For example, we make mental exercise a part of our daily care be it through conversation, reading, playing games or other activities a client enjoys. And we know that even a moderate amount of exercise, within a client's limits, can improve a person's health and outlook on life.

> Physically Active

Emotionall Strong

Mentally Stimulated

TRANSFORMING DAILY ACTIVITIES

Transforming daily activities into interactive activities helps keep people strong, improves health and outlook on life, and reduces the risks for injury, depression, and symptoms of dementia.

PEOPLE MAKE THE DIFFERENCE

It takes a special person to be able to turn everyday activities and transform them into a joyful visit. That's why we refer to our caregivers as *Comfort Keepers*[®].

- Our people are:
- Rigorously interviewed
- Background checked
- Bonded and covered by Workers' Compensation
- Trained in Interactive Caregiving

It's that focus on our staff which allows us to treat our clients as if they were a member of the family.

COMFORTING SOLUTIONS

- Our services are available in private homes, hospitals, retirement homes and Long Term Care Facilities
- We are available 24 hours a day, 7 days a week
- We are a Registered Veterans' Affairs provider and service insurance clients
- Comforting care for new Moms who may need a little extra help.
- Trusted care and support for children, adolescents and adults with special health care needs including disabilities



THE RIGHT CARE FOR EVERY CLIENT.

We know that each client has different care needs and that's why we customize all of our services to suit the needs of our clients and their loved ones.

PERSONAL CARE SERVICES

- Bathing, grooming and hygiene
- Feeding and special diet
- Toileting and Incontinence Care
- Transferring and positioning
- Palliative Care
- 24-hour care
- Attendant Care in hospitals

COMPANIONSHIP SERVICES

- Laundry and light housekeeping
- Meal preparation
- Transportation
- Errands and escorts to doctor's appointments
- Medication reminders
- Grocery shopping
- Alzheimer's and Dementia care
- Live-in services (where available)
- Respite care or relief for family

HOME SAFETY SOLUTIONS

- Personal Emergency Response Systems (PERS)
- Medication Management Solutions
- Around-the-clock emergency monitoring



including disabilities