



EVALUATING  
A SENIOR'S NEEDS

## How to Determine When It's Time for In-Home Care

Before you can determine how to select the right care provider, you must first decide when it's time to introduce care. The following questions can help you make this important decision.

QUESTIONS TO ASK	Yes	No
Has the individual suffered a recent emotional or medical crisis?		
Does the individual bathe less often or not at all?		
Are medications left over or running out too soon?		
Does the individual need help walking?		
Is the individual verbally or physically abusive?		
Is the individual becoming more forgetful?		
Has the individual fallen recently?		
Is the individual having problems sleeping?		
Has the individual lost weight recently?		
Is the individual's hearing or vision affecting his/her ability to function?		
If the individual smokes, are there burn marks on clothing or furniture?		
Is the individual able to run errands alone?		
Is the individual changing his/her clothing daily?		
Are there scorch marks on the pot holders or dish towels in the individual's home?		
Are there signs of burnt pans on the stove in the individual's home?		
Is the individual able to do routine house cleaning?		
Has the individual stopped or reduced social activities?		
Total "yes" and "no" responses		

If you answered yes to even one of these questions, perhaps it is time to consider in-home care.